role biography

1. Write a biography for your role.
2. Write from the I-perspective. Write a text and do not use keywords.
3. The following question will help you to empathise with your role.
4. Write it for yourself and write it like a diary.
5. Take your time and plan on about 30 minutes writing it.

person: What is your name? How old are you?

family: Who are you living with? What is your economical situation? What do you do together? What is your relationship like? Are there any problems? Why?

daily life: What is your daily life like? What do you do in your free time? Which people do you often see and spend time with? Where do you often spend time at all?

friends: Have you got friends? What do you do together? What is the most important thing about your friends? How do you like to be seen by your friends? What experience have you got with love at all?

job/ school: What means school to you? What is your role at school/ work? What is your relationship to your colleagues/ teachers like?

self-perception: How do you see yourself? What are your problems, fears, dreams? How do you deal with them? What feelings do you enjoy, what feelings do you fear? How do deal with aggressive feelings? What do you like about yourself? What don't you like about yourself? What do others think about you? How do you like to be seen? How do you dress? What is your appearance like? What things really bother you at the moment? What is important for you? Which situations do you like to be in, which not?